

## Arbor Gallery Speaker Series 2012

Week 1 Saturday, January 14, 2012 7:30 p.m.

ENERGY THERAPY

Sandy Meredith - Vankleek Hill, ON

Energy healing for mindbody and spirit

Week 2 Saturday, January 21, 2012 7:30 p.m.

HEALING CRYSTALS

Tanya Laframboise - Alfred, ON

The unknown energy of stones

Week 3 Saturday, January 28, 2012 7:30 p.m.

WHAT IS OSTEOPATHY

Sarah Morgan Clinton - Montreal, QC

What osteopathy can do for you and your community

Week 4 Saturday, February 4, 2012 7:30 p.m.

THIS OLD HOUSE - AND WHAT IT MEANS

Dr. Brendan Cavanaugh Ph. D. - Ste-Anne de Bellevue, QC

The original Higginsons who brought the railroad electricity and the Higginson Tower to Vankleek Hill

Week 5 Saturday, February 11, 2012 7:30 p.m.

BIOPOLAR 2

Ruth Allen - L'Orignal, ON

A personal journey

Week 6 Saturday, February 18, 2012 7:30 p.m.

CONFRONTING THE DEMONS OF FEAR WHEN FACED WITH ILLNESS

Lucie Brunet and David Sherwood - Ste-Anne de Prescott, ON

Strategies to nurture hope and facilitate healing

Week 7 Saturday, February 25, 2012 7:30 p.m.

RELAXATION THROUGH MUSIC

Alain Lauzon - Alexandria, ON

What you listen to - and how it affects you

Week 8 Saturday, March 3, 2012 7:30 p.m.  
NON-VIOLENT COMMUNICATION  
Patricia & Richard Kerr - Glen Robertson, ON  
How to create the best quality connection with others

Week 9 Saturday, March 10, 2012 7:30 p.m.  
TEEN TALK  
Laura Barton & Friends  
The pros and cons of growing up in a small community

Week 10 Saturday, March 17, 2012 7:30 p.m.  
THE ARCHEOLOGY & ANCIENT HISTORY OF THE OTTAWA VALLEY  
Dr. Jean-Luc Pilon - Aylmer, QC  
Some answers about those who came before us

Week 11 Saturday, March 24, 2012 7:30 p.m.  
THE SCIENCE & ART OF INNER PEACE  
Kelsang Rabjor - Canadian Buddhist Monk - Ottawa, ON  
Living stress free in a modern world

Week 12 Saturday, March 31, 2012 7:30 p.m.  
HEALING OUR SPIRITUAL GRIEF  
Vivianne La Rivière - Hudson, QC  
Who am I?

Week 13 Saturday, April 7, 2012 7:30 p.m.  
EARTH SUMMIT 2012  
Tim Christophersen Forest Biodiversity Officer at the United Nations  
Where are we 20 years after the world's 1st Environment Conference?

Week 14 Saturday, April 14, 2012 7:30 p.m.  
ENERGY THROUGH NUTRITION  
Elaine Cooper - St-Lazare, QC  
“Let food be your medicine” Hippocrates